

**Friday, Feb 02, 2018**

**Hall: Main - 13:15 - 13:30**

Opening

**Hall: Main - 13:30 - 14:15**

Diabetes Societies & Religious Authorities – Open forum  
How can Diabetes Organizations & Religious Authorities help?

### Moderators

Mohamed Farghaly  
Monira Al-Arouj

### Forum members

*Andrew Boulton, IDF President Elect*  
*Abdulrazzaq Al-Madani, EDS President*  
*Abdul Basit, IDF MENA Chairperson*  
*Magdy Ashour, Egypt's Mofty Scientific Advisor*  
*Jumaa Alkaabi, UAE University*  
*Nada Al-Mulla, Media and 1ry care Doctor*  
*Mohamed Hassanein, DAR Chairperson*

**Hall: Main - 14:14 - 15:15**

Epidemiology of DAR – New Studies

### Chairpersons

Abdurazzaq Al-Madani  
Salah Abusnana

14:15 - 14:35     DAR Middle East & North Africa (DAR-MENA) Study  
*Fatheyah Al-Awadi*

14:35 - 14:55     Algeria Study  
*Rachid Malek*

14:55 - 15:15     Dammam-Saudi Arabia Study  
*Ebtesam Ba-Essa*

**Friday, Feb 02, 2018**

**Hall: Main - 15:15 - 16:00**

Ramadan Fasting & the body – New Studies/Literature review

**Chairpersons**

Ali Al-Mamari  
Mouza Al-Sharhan

15:15 - 15:40 Metabolic adaptations to fasting-the Ramadan story  
*Nader Lessan*

15:40 - 16:00 Blood Pressure and Lipids changes during Ramadan  
*Al-Amin Abdelgader*

**16:00 – 16:20 Coffee Break**

**Hall: Main - 16:20 - 17:00**

Fasting Ramadan in High Risk Groups; Should we be Concerned?  
Part I: Type 1 diabetes

**Chairpersons**

Nesreen Al Sayed  
Walid Kaplan

16:20 - 16:40 Resource restricted service  
*Abir Zakaria*

16:40 - 17:00 Resource rich service  
*Asma Deeb*

**Friday, Feb 02, 2018**

**Hall: Main - 17:00 - 17:40**

Fasting Ramadan in High Risk Groups; Should we be Concerned?  
Part II: Gestational Diabetes

**Chairpersons**

Aliaa Elaghoury  
Bashir Saleh

17:00 - 17:20 Management of Gestational Diabetes in Ramadan  
*Sara Abdou*

17:20 - 17:40 Monitoring in GDM during Ramadan: SMBG vs CGM  
*Bachar Afandi*

**Hall: Main - 17:40 - 18:15**

New Research & New Technology Projects in DA  
*Mohamed Hassanein*

**Chairpersons**

Talal Al-Muzaffar  
Zanariah Hussein

**Hall: Main - 18:15 - 19:00**

Sanofi Symposium

**Hall: B - 19:00 - 19:45**

Boehringer Ingelheim Dinner Symposium

**Saturday, Feb 03, 2018**

**Hall: Main - 09:00 - 09:45**

Ask the Imam

### Moderators

Adel Abdelaziz  
Khaled Tayeb

- Imams

*Sheikh Magdy Ashour*

*Sheikh Mohammed Alkobaisi*

**Hall: Main - 09:45 - 10:45**

Patient Education: thinking outside the box

### Chairpersons

Omar El-Saadani  
Hussein Saadi

09:45 - 10:05 Riyadh-Saudi Arabia Study; The role of clinical  
Pharmacist

*Ayla Tourkamani*

10:05 - 10:25 USA Study; Pharmacist and physician awareness

*Mohamed Amin*

10:25 - 10:45 Pakistan DAR Awareness Survey

*Yakoob Ahmadani*

**Saturday, Feb 03, 2018**

**Hall: Main - 10:45 - 11:45**

T2D management: Guidelines and New Data

Chairpersons

Ahmed Hassoun

Huda Ezzeldin

- 10:45 - 11:05 OHG treatment adjustments during Ramadan  
*Alaa Bashir*
- 11:05 - 11:25 DAR Multiple therapy trial  
*Tarek Elhad*
- 11:25 - 11:45 GLP1RA + Basal Insulin in Ramadan (Lixiram) Study  
*Mohamed Hassanein*

**11:45 – 12:30 Coffee Break**

**Hall: Main - 12:30 - 13:15**

Know and choose your Ramadan food Workshop  
Wafaa Rida & Samia Khaled

Moderators

Inas Shaltout

Mohamed Sandid

**Saturday, Feb 03, 2018**

**Hall: Main - 13:15 - 14:45**

World Wide Diabetes Workshop  
Targeted Type 2 Diabetes Treatment During Ramadan

- 13:15 - 13:20 Introduction  
*Andrew Boulton*
- 13:20 - 13:35 Case Study Introduction  
*Mohamed Hassanein*
- 13:35 - 13:50 Hpglycaemia in Type 2 Diabetes During Ramadan  
*Abdullah Ben-Nakhi*
- 13:50 - 14:05 Latest Study Data on GLP-1s and Fasting in  
T2Diabetes: Preventing Complications  
*Wasim Hanif*
- 14:05 - 14:20 Which Insulin Regimen During Ramadan? The  
Evidence  
*Mohamed Omar*
- 14:20 - 14:30 Case Study Conclusion  
*Mohamed Hassanein*
- 14:30 - 14:45 Panel Discussion

**Hall: Main - 14:45 - 15:15**

AstraZeneca Symposium

**Hall: Main - 15:15 - 15:35**

Lilly Symposium

**15:35 CME Certificate Distribution, Close & Lunch**