

DAR 2017 Agenda- Day 1

12.15-13.30 Registration & Coffee

13.45-14.00 Opening Ceremony:

IDF-President-Sahukat Sadikot

IDF-MENA Chairperson: Nizar El-Bache

Emirates Diabetes Society President: Abdelrazzaq Al-Madani

DAR-International Alliance Chairperson: Mohamed Hassanein

14.00-14.15 DAR Update – Mohamed Hassanein

14.15-15.00 What Happens to the body in Ramadan?

Chairpersons: Abdulla Bin-Nakhi & Abdulbasit

14.15-14.45 Physiological changes in Ramadan – Nader Lessan

14.45-15.00 Biochemical, Weight & BP changes in Ramadan- Dubai/Aljalila DAR study-
Alamin Abdelqadir

15.00-16.00 Attitudes and Behaviour of people with Diabetes and Ramadan; Regional data

Chairpersons: Adel Abdelaziz & Abdulla Alhamaq

15.00-15.15 Fasting practices and attitude for high-risk diabetes patients in Dubai;
Aljalila/DAR study – Fatheya Alawadi

15.15-15.30 Knowledge, attitude and practices in fasting patients with diabetes in
Ramadan; Pakistan Survey – Yakoob Ahmadani

15.30-15.45 Regional CREED data from 3 continents –Abdel-Jabbar

15.45-16.00 Five countries survey – Salem Beshyah

16.00-16.30 COFFEE BREAK & ASR PRAYERS

16.30-17.30 Fasting Experience of High Risk Patients with Diabetes During Ramadan?

Chairpersons: Salah Abusnana & Jumaa Alkaaby

16.30-16.45 CVD & Diabetes- Dubai/Aljalila - DAR study - Mohamed Abdlelatif

16.45-17.30 CKD Stage 3 & Diabetes - Dubai/Aljalila - DAR study - Fauzia Rashid

17.00-17.15 Insulin treated Type 2 Diabetics - Dubai/Aljalila - DAR study - Azza Bin-Hussain

17.15-17.30 Gestational Diabetes- Dubai/Aljalila - DAR study - Sona Abuelkhair

17.15-17.45 State of the Art Lecture

Chairpersons: Monira Alarouj & Inass Shaltout

Hypoglycaemia in Ramadan; What have we learnt from recent studies? Mohamed Hassanein

17.45-18.15 PHARMA SYMPOSIA 1

18.15-18.45 PHARMA SYMPOSIA 2

18.50 Close & Dinner



DAY 2

09.00-10.15 New Studies in Type 1 Diabetes in Ramadan

Chairpersons: Nancy Albarbary & Yousef Saleh

09.00-09.15 Abu-Dhabi Data- Asma Deeb

09.15-09.30 Dubai/Aljalila - DAR study – Maryam ALSaeed

09.30-09.45 Saudi Arabia - Data: Al Qarni

09.45-10.00 Al-Ain Data - Bachar Afandi

10.0-10.15 Overview of management of Type 1 Diabetes – Bachar Afandi

10.10 -10.45 COFFEE BREAK

10.45-12.15 Therapy in T2D in Ramadan

Chairperson–Tarik Elhad & Ahmed Hassoun

10.45-11.00 DAR-IDF Guideline Updates; Oral Therapy - Wasim Hanif

11.00-11.15 DAR-IDF Guidelines Update; Injectable Therapy – Abdelrazzaq Alamadani

11.15-11.45 New Data:

11.15-11.30 CRATOS Study- Mohamed Hassanein

11.30-11.45 Dubai SGLT2-I in Ramadan Study - Alaa Albashir

11.45-12.00 Upcoming Trials in Diabetes and Ramadan - Talal Al-Muzaffar

12.00-12.30 Interactive Session 1: Ask the Imam

Moderators: Megahed Abuelmagd & Mesbah Kamel

Imam: Prof Magdy Ashour

12.30 -13.00 COFFEE BREAK & PRAYER

13.00 -14.00 Interactive session 2: DAR Nutrition, Education & Technology

Moderators: Mohamed Sandid & Sulaf Ibrahim

13.00-13.15 Technology & Ramadan– Mohamed Hassanein/Osama Hamdy

13.15-14.00 Make Your Own Plate - Wafa Ayesh & Suha Nofal

14.00-14.30 PHARMA SYMPOSIA 3

14.30-15.00 PHARMA SYMPOSIA 4

15.00 CLOSE, CME CERTIFICATES & LUNCH

09.00-12.00 Parallel Sessions: Diabetes and Ramadan Patient Education Program-Train the Trainer Session

This is a training session on **DAR-SAFA patient educational program** for those interested to implement this free of charge program in their centres

09.00-10.15 English Session- Susan Jacob/Khadija Abdulla

10.45 -12.00 Arabic Session -Suad A Khalifa/Rodha Ismail/Manal Twair

Chair: Dr M Hassanein
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Secretary: Dr A Alhamaq (GGSD)
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Treasure: Dr L Kleinbreil
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Program in brief:

- 45 Faculty member (speaker-chairperson)
- 21 new study in diabetes and Ramadan
- State of the art lecture and reviews
- Review of latest DAR Guidelines
- Interactive sessions with:
 - High Profile Religious Scholars
 - Experts in Nutrition & diabetes education
- Train the trainer session (Arabic/English) for DAR patient education program
- CME accreditation

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