

24-25
JANUARY
MBR-AMC
DUBAI
2020



8th

**DaR International
Alliance Conference**
in collaboration with
EMIRATES DIABETES SOCIETY

Estimated 10 - 12 CME Credit Hours by DHA

08:30 - 09:00

Opening

Session 1

Fasting Ramadan impact on physical and mental wellbeing

Chairperson: **Abdelrazzaq Alamadani**
Fatheya Alawadi

09:00 - 09:25

Metabolic Impacts of Diurnal Intermittent Fasting during Ramadan in healthy Muslims:
Results of systematic reviews & meta-analyses

Mo'ez Al-Islam Faris

09:25 - 09:50

Benefits of fasting Ramadan in diabetics physical and mental wellbeing

Yakoob Ahmadani

09:50 - 10:15

Impact of fasting Ramadan in diabetics and depression

Ebaa AlOzairi

10:15 - 10:30

Break

Session 2

Safety of OHG/GLP1-RA in Ramadan

Chairperson: **Abdul Basit**
Moza Alsharhan

10:30 - 10:55

SGLT2-Is with or without Insulin

ElAmin Abdelgadir

10:55 - 11:20

SU in Ramadan; are they all the same?
Review and Update

Mohamed Hassanein

11:20 - 11:45

GLP1-RA with or without Insulin

Rakesh Sahay

11:45 - 12:00

Panel Discussion

12:00 - 13:15

Lunch Salat Jumaa

13:15 - 13:45

Main Sponsor Symposium

Session 3

State of the art lecture

Chairperson: **Youssef Saleh**

13:45 - 14:30

Safety of insulin therapy in T2D during Ramadan

Mohamed Hassanien

Session 4

Medication Adherence in Ramadan

Chairperson: **Aftab Ahmed**
Huda Ezzeldin

14:30 - 14:50

Adherence of Diabetes and related medication

Shehla Sheikh

14:50 - 15:15

Adherence of Thyroxine in Ramadan

Tamer Elsherbeeney

15:15 - 15:45

Break

Session 5

Cardiovascular and Renal Safety in diabetic during Ramadan

Chairperson: **Inass Shaltout**
Mahmoud Ghanayem

15:45 - 16:10

Effects of fasting in high risk CVD patients on Lipids, metabolic parameters and antiplatelet therapy

Ines Khohtali

16:10 - 16:35

Stroke and Ramadan fasting

Arafa Elshabrawy

16:35 - 17:00

IHD/HF emergencies and Ramadan fasting

Abdul Basit

17:00 - 17:25

Safety of fasting in CKD Patients

Alaa Bashir

Session 6

State of the art lecture

Chairperson: **Salah Busnana**

17:25 - 17:50

From EPIDIAR to DAR-MENA; What have we learnt in DAR over the last 15 years

Abduljabbar

Day 1 Key Take Home Messages

Ahmed Hassoun

Close of day 1

Session 7	<i>Bridging the Gap between Science and Religion in Ramadan</i>	Chairperson: Adel Abdelaziz Akif Buyukbese
09:00 - 09:20	Empowering the Imam and the community	Mohamed Sandid
09:20 - 09:40	Fasting Against Medical Advice	Bachar Afandi
09:40 - 10:10	Ask the imam	Mohammed AlKobaisi
Session 8	<i>T1D & DAR</i>	Chairperson: Salem Beshyah Elham Alamiri
10:10 - 10:40	Adolescents and Young with T1D Ramadan Guidelines	Nancy Albarbary
10:40 - 11:00	Ramadan Fasting among older children and adolescents with Type 1 Diabetes (T1D) in the UAE	Esphie Grace Fojas
11:00 - 11:20	Management of adults T1D during Ramadan in restricted resource service	Mohamed Soliman
11:20 - 11:40	Can technology minimize risk in diabetics during Ramadan fasting?	Mohamed Hassanein
11:40 - 12:10	Break	
Session 9	<i>Patient and Doctors Attitude in Ramadan; A Global Picture</i>	Chairperson: Jumaa Alkaabi Sami Kenz
12:10 - 12:30	Saudi Arabia Experience	Reem Alamoudi
12:30 - 12:50	To fast or not to fast	Siham Bouchareb
12:50 - 13:10	A global program: Train The Trainer program	Rachid Malek
13:10 - 13:30	Panel Discussion	
Session 10	<i>Weight and Nutrition Management during Ramadan</i>	Chairperson: Khadija Hafez Sarah Suliman
13:30 - 13:50	Thermic effect of food and Ramadan fasting: is it relevant?	Tomader Ali
13:50 - 14:30	Nutritional aspects in Ramadan	Barakatun Nisak
14:30 - 15:00	<i>State of the art lecture:</i> How to manage patients with Bariatric Surgery fasting Ramadan	Ebaa AlOzairi
15:00	Day 2 Key Take Home Messages	Mohamed Farghaly
15:15	Close and Lunch	

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